

## Book 41

Title: Spiritual Healing 12/09/2023

1. The easiest way I have for spiritual self-healing( by the will of Allah), is to completely cut off the dunia from your heart and soul, during the process( of spiritual healing)

Make your whole heart and soul content and in the complete worship of your Rabb( Allah)

In this complete state in the worship of Allah, even broken bones can be healed, and even the dead can come back to life or the terminally ill, can completely recover to a better state than before.

Wa Allahu A'lam

Alhamdulillah wassalaatu wassalaam 'alaa Rasuulillah